



How to Measure

For best results, measure over your undergarments.

Chest:

Measure just under arms and across shoulder blades holding the tape firm and level. If your chest falls between sizes, order the next size up.

Waist:

Measure around your natural waistline, keeping the tape comfortably loose.

Inseam:

Measure pants that fit you well. Lay them flat, with the front and back creased smooth. Measure along the inseam from crotch to bottom of leg hem. Or, if you don't have pants that fit comfortably, measure from your crotch to your desired pant length.

	Small		Medium		Large		X-Large		2X-Large		3X-Large		4X-Large	
	34	36	38	40	42	44	46	48	50	52	54	56	58	60
Chest	34	36	38	40	42	44	46	48	50	52	54	56	58	60
Waist	28	30	32	34	36	38	40.5	43	45.5	48	51	54	58	62
Hip (Seat)	34	36	38	40	42	44	46	48	50	52	54	56	58	60

NOTE: If your chest and/or waist measurement falls between sizes, buy the larger size.